

COVID-19 Updates

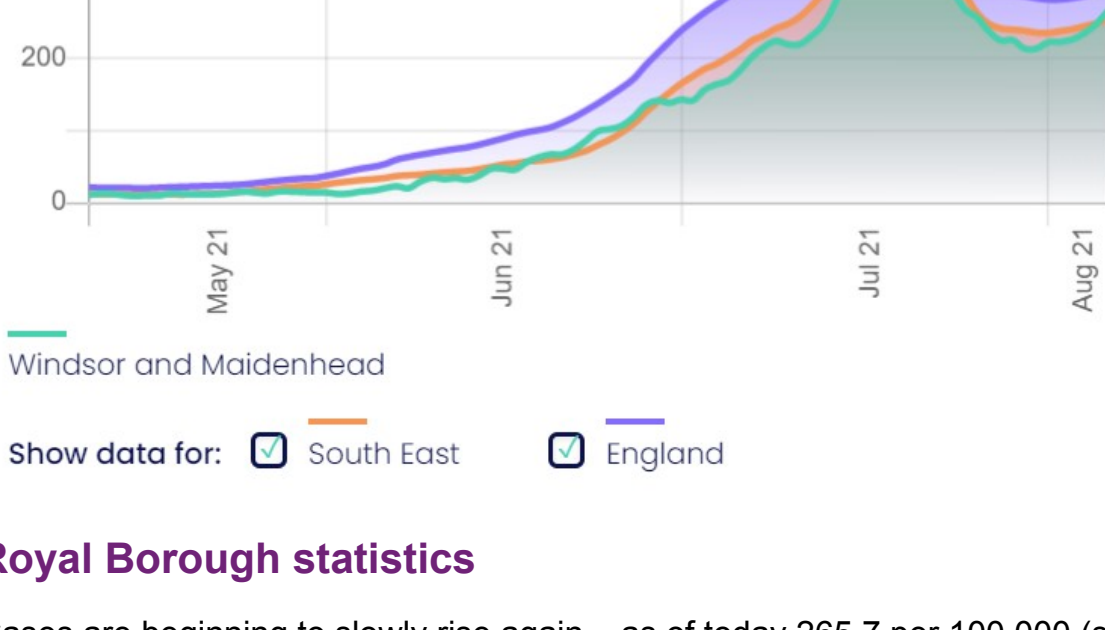
www.rbwm.gov.uk



Weekly rate of confirmed cases per 100,000 population

in Windsor and Maidenhead (7-day rolling average)

Reported up to 6 Aug 2021



Windsor and Maidenhead

Show data for: South East England

Royal Borough statistics

Cases are beginning to slowly rise again – as of today 265.7 per 100,000 (see above).

The graph shows the data from 6 August because we're always looking at the virus' spread through a rear-view mirror. There's a lag between the time it takes for symptoms to show and positive cases to be verified by testing. The Royal Borough is now slightly above the South East average yet below England's.

A rise in cases was always expected after moving into Step 4 on 19 July, but thankfully this isn't being mirrored in a dramatic number of hospitalisations. Central government's message is now 'living with COVID' and 'managing risk.' It's all about behaving responsibly.

For the latest Covid information in the Royal Borough - case rates, ward breakdowns, hospital data, vaccinations etc - visit the [Berkshire Public Health website](#) and see the weekly report in the information centre.

If you're double jabbed, you:
Won't have to self-isolate when identified as a close contact of someone who tested positive
Book your appointment today *AFTER 16 AUGUST

Self-isolation changes on 16 August

From Monday, you'll be exempt from self-isolation if you're a contact of a positive case - only if you've been fully vaccinated. You are advised, however, to take a PCR test as soon as possible to check if you're a risk to others.

You'll also be exempt from self-isolation if you're under 18 and a contact of a positive case.

[See the GOV.UK website for more information.](#)

Walk-in vaccine centres
No need to book

We're all in this together

Vaccination latest

69% of Royal Borough residents aged 18+ have had both doses, yet among ages 40+ it's 84%.

The push therefore is to encourage our under-40s to get both jabs. Although the double dose rates among our 18 to 34-year-olds are higher than in our neighbouring authorities, it's still not high enough as it's our under-24s, and 30 to 34-year-olds, who are taking the brunt of new cases.

The NHS continues to run walk-in vaccination clinics across the borough. You can also access the postcode checker and details about these walk-in centres on the [Frimley CCG website](#). Please note the dates and times for these in the coming week tend to be updated at the beginning of that week. Alternatively, manage your jabs via the [national booking system](#).

Infection rates three times lower if fully vaccinated

One of the largest studies into Covid infections in England says fully vaccinated people are three times lower, than those not vaccinated, to test positive for the virus.

Analysis by Imperial College London also suggests double vaccinated people are less likely to pass on the virus to others.

There are around 2.8 million 18-29-year-olds not vaccinated in England. While the risk of getting seriously ill is lower among this group, it's becoming increasingly clear that unvaccinated individuals who catch the virus, compared to someone who's fully vaccinated, are more likely to pass it on to others including those who are more vulnerable.

Let's keep life moving

FRESH AIR TESTING FACE COVERINGS
APP HAND WASHING

We're all in this together

Your Covid Recovery
Understanding COVID-19, your symptoms and experiences.

Recovery from Covid

There's a dedicated NHS site - [Your Covid Recovery](#) - to help those still feeling the impact of contracting the virus.

The website has information and advice from rehabilitation experts, and patients, on mental health and wellbeing to physical health and returning to work.

COVID-19 Outbreak Engagement Board

We're all in this together

Still time to submit your questions

Tomorrow (Friday) at midday is the deadline to submit your questions about how we're tackling the virus across the borough, to be answered at the above meeting being held on Monday.

Simply email your question to our [Democratic Services team](#). You won't be able to ask questions during the session.

The meeting will be live streamed on [our YouTube channel](#) from 2.30pm.

WHAT TO DO IF SOMEONE IS SICK IN YOUR HOUSEHOLD

Life has to continue even where COVID-19 is spreading.
Here's how to stay safe.

1 ISOLATE THE SICK PERSON
Prepare a separate room or isolated space, and keep distance from others.
Keep the room well ventilated and open windows frequently.

2 REDUCE CONTACT WITH THE VIRUS
Identify one household member to be the contact person who is not at high risk and has the fewest contacts with people outside.
Wear a medical mask if in the same room as the sick person.
Use separate dishes, cups, eating utensils and bedding from the sick person.
Clean and disinfect frequently touched surfaces.

3 TAKE CARE OF THE SICK PERSON
Monitor the sick person's symptoms regularly.
Pay special attention if the person is at high risk for serious illness.
Ensure the sick person rests and stays hydrated.

1 DANGER SIGNS
Difficulty breathing
Confusion
Loss of speech or mobility
Chest pain

REMEMBER, IT'S ALWAYS SAFER TO KNOW YOUR RISK. LOWER YOUR RISK.

World Health Organization

Residents' Newsletter

All the latest at your fingertips

Keep up to date with all the Royal Borough's non COVID-19 news in our other weekly e-newsletter. You can [sign up for it here](#) and unsubscribe at any time. You're in control.

Helpful contacts

[Covid support in the Royal Borough](#)

[Government Covid information](#)

[NHS England](#)

Keep up to date with Royal Borough Covid news and information by following us on [Twitter](#) and [Facebook](#).

Read the [Privacy Notice](#) for this e-newsletter on our website.