

COVID-19 Updates

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Weekly rate of confirmed cases per 100,000 population

in Windsor and Maidenhead (7-day rolling average)

Reported up to 27 Aug 2021



Cases and vaccinations

As of today, the case rate in the borough is 322.6 per 100,000 (some 480 cases) which is above the South East average but in line with England's. The Royal Borough's Contact Tracing team is currently seeing an average of 38 new cases per day.

As you can see from the above graph, we're now hovering around the 320 mark but following the return of schools and many music festivals during the past week, cases are expected to spike again.

75% of borough adults are now double jabbed - above the South East and England averages. 83% of borough residents have so far had their first dose but take-up for the second is now plateauing both locally and nationally.

Despite initial thoughts the under 25s would shun the vaccine, they've now easily overtaken ages 30 to 39 locally. Common themes for vaccine hesitancy in this age group include fears about pregnancy and the length of time the vaccine has been available.

Hospital admissions are rising. Anecdotally, the majority of cases are among the unvaccinated. Public Health England says it will start publishing detailed statistics showing the ratio of unvaccinated/vaccinated hospitalisations which we will include in future newsletters.

The reality, however, even double-jabbed you can still catch the virus and still pass it on, but you're far less likely to become seriously ill or suffer Long Covid.

For the latest Covid information in the Royal Borough - case rates, ward breakdowns, hospital data, vaccinations etc - visit the [Berkshire Public Health website](#) and see the weekly report in the information centre.

16-week grace period starts - 22 July

Last date for care home workers to get their first dose so they are fully vaccinated by the time regulations come into force - 16 September

Regulations come into force - 11 November

Vaccine for care home staff and professional visitors

Do you work or volunteer in a care home, or visit one professionally? From 11 November you must be double jabbed against Covid (unless exempt). This means you'll need your first jab by 16 September if you're to get your second in time.

This [new government legislation](#) applies to anyone who enters a care home as part of their job. It's not just the existing staff and volunteers who work there. It also applies to visiting social workers, tradesmen, unpaid carers, and district nurses etc.

Although most care home residents have been vaccinated, there are some who cannot for medical reasons and some for whom the vaccine is less effective. With the threat of both Covid and flu this winter, this puts them at even greater risk.

If you have concerns about the vaccine, visit [the Public Health Berkshire website](#) for more information. To find a walk-in vaccine clinic near you visit [Frimley Health and Care's website](#).



Taking unwelcome festival vibes home

If you were at a music festival last weekend you're advised, even if you're fully vaccinated, to take a lateral flow test as soon as possible and follow this up with twice weekly testing.

Remember, symptoms can take between two to 10 days to show, or you could be asymptomatic and infecting loved ones without knowing.

Check out our website to find out how you can [easily get hold of free tests](#).

Download the free Lower My Drinking app

Download on the **App Store** | GET IT ON **Google Play**

Could you feel better by drinking less?

The new Lower My Drinking app is free if you live and/or work in the Royal Borough.

The stresses of Covid have sadly led to an increase in harmful drinking. The recommended weekly alcohol limit for both men and women is 14 units so if you're regularly drinking more than this, you're damaging your body and mental health.

The app offers tailored support to help you track, self-assess, and improve your drinking habits. It helps you recognise what role alcohol plays in your life, and the triggers influencing you to drink unhealthily. It also gives you positive activities to replace drinking in your daily routine.

For further help, you can refer yourself to local alcohol and drug support service Resilience via the app, or via [the Cranstoun website](#). For more information about the app [visit our website](#).

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Residents' Newsletter

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All the latest at your fingertips

Keep up to date with all the Royal Borough's non COVID-19 news in our other weekly e-newsletter. You can [sign up for it here](#) and unsubscribe at any time. You're in control.

Helpful contacts

[Covid support in the Royal Borough](#)

[Government Covid information](#)

[NHS England](#)

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